

Care navigation

This leaflet gives you information about the role of the care navigator and how they can help co-ordinate services to support children aged 0-19

Please contact your area care navigator (details on pages three and four of this leaflet) or if you do not know who your care navigator is, please contact us:



Tel: 0116 215 3269
Email: lpt.carenavigators@nhs.net

What is a care navigator?

We are an administrative team working together with health professionals and external partner agencies to support young people aged 0-19.

We can support with:

- Directing you to local support networks.
- Collating and sharing information with professionals involved to enable a more efficient service.
- Providing confirmation of health appointments detailing the clinic, date, time, and venue.

What sort of information is shared?

- Health professionals that are currently involved.
- Referral updates.
- Appointment information.

Consent to share information.

Consent will be gained to share information between professionals.

We may request further information from, and work with relevant agencies, so that we can make sure that any help needed is made available. For schools/nurseries requesting support from a care navigator directly, please share the link or QR code with parents/carers to gain consent.

<https://forms.chathealth.nhs.uk/index.php/957513?lang=en>



Healthy Together helpline. (Health Visiting & School Nursing)

Families and professionals can also contact our helpline on
0300 300 3001

For free, confidential, safe advice and support from a qualified health professional.

Care navigator contact details

Leicester City

Central Area 1

(Highfields, St Matthews)
Sulinder Sandhu
Tel: 07717 548229

South Area 2

(Saffron, Eyres Monsell)
Jane Hunt
Tel: 07884 458533

West Area 3

(Braunstone, New Parks)
Jane Hunt
Tel: 07884 458533

North West Area 4

(Beaumont Leys, Bewcastle)
Sejal Patel
Tel: 07909 401204

Leicestershire and Rutland

Melton and Rutland

Jo Houlston
Tel: 07900 914728

Harborough

Alina Labudek
Tel: 07385 227452

Charnwood

Michelle Harris
Tel: 07917 550020

North West Leicestershire

Vanessa Adamson
Tel: 07827 879700

North Area 5

(Belgrave, Woodbridge)

Sulinder Sandhu

Tel: 07717 548229

Hinckley and Bosworth

Alina Labudek

Tel: 07385 227452

East Area 6

(Thurnby Lodge, Netherhall)

Sejal Patel

Tel: 07909 401204

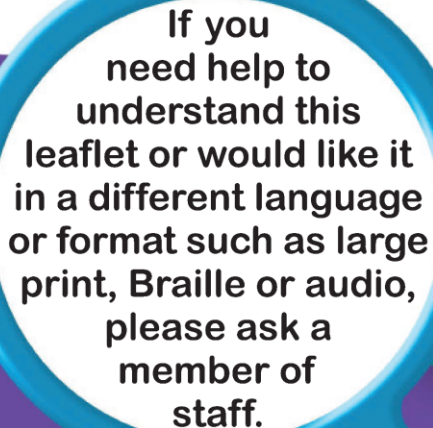
Blaby, Oadby and Wigston

Steph Burton

Tel: 07464 493836

Our Promise to Carers

We will provide you with support and information that you can understand for your caring needs. Please ask a member of staff for a copy of our carers pack.



**If you
need help to
understand this
leaflet or would like it
in a different language
or format such as large
print, Braille or audio,
please ask a
member of
staff.**