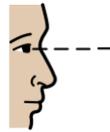


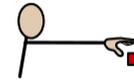
Some of the skills we teach related to Snack and Lunch Times



Range 1: Opens mouth for spoon



Range 1: Points and looks to make requests



Range 1: Reaches out to items in close area



Range 1: Holds items to feel



Range 2: Grasps finger foods and brings them to mouth



Range 2: shares control of spoon moving towards independence



Range 2: shares control of bottle or cup, moving towards independence



Range 2: Exploring media with fingers and hands such as food



Range 3: Develops own likes and dislikes in food and drink, willing to try new food textures and tastes



Range 3: Feeds self with increasing need to be in control



Range 3: holds cup with both hands, drinking without much spilling



Range 3: Asserts their own ideas and preferences and takes notice of other people's responses



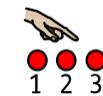
Range 4: Feeds self competently



Range 4: Can hold a cup with two hands and drink well without spilling



Range 4: Shows a sense of autonomy through asserting their ideas and preferences and making choices and decisions



Range 4: In everyday situations, takes or gives two or three objects from a group