

The activities that we plan for



Heuristic

During heuristic play opportunities the children can freely explore a range of items in their own way. This helps to promote their sense of exploration and creativity. They can use multiple senses to explore the objects and are able to use them in way that interests them.



Fine motor

Fine motor play provides children with opportunities to develop the small muscles in their hands and fingers. Developing these muscles helps children to complete many tasks that involve successfully manipulating small objects such as writing, feeding themselves, picking up small objects and doing up fastenings when getting dressed and undressed.



Messy /sensory

Messy play activities give children the chance to explore materials and substances using a range of senses. It helps to develop their curiosity and ability to focus. In fact many other skills are developed including fine motor , communication and problem solving.



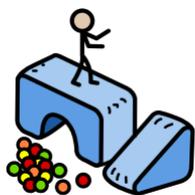
Books and texts

Giving the children opportunities to explore a range of texts encourages their interest in reading and develops early reading skills such as holding a book the correct way and turning the pages one at a time. The children can share a book with an adult and hear stories and rhymes read aloud, point to pictures and develop their attention.



Mark making

Mark making can be done in a variety of ways not just by using crayons and pencils on paper. Mark making can be done using hands and fingers as well as a wide range of objects in a wide range of substances, such as using a stick to make marks in mud. Mark making helps to develop fine motor skills as well as hand eye coordination, creativity, ability to communicate and focus.



Gross motor

Developing children's gross motor skills helps them to move around with coordination and safety. Amongst other things it helps them to develop their ability to move in a range of different ways and also to improve their balance, flexibility, coordination, strength and agility.



Imaginative

Imaginative play opportunities help children to develop their social skills such as sharing resources, and playing and interacting with others. It allows them to be creative and imaginative in their play and also the chance to act out experiences that they will have already had. Communication and language skills are also developed through imaginative play.



Outdoors

Outdoor play is important to help children to stay fit and healthy, whilst also offering opportunities for them to improve their gross motor skills. Many other areas of learning can be developed through outdoor play and the space often helps children to feel calmer and more ready to learn. Children can also experience learning opportunities linked to science and nature.